



"The prose is gorgeous and novelistic... A luminous, engrossing meditation..."
 – Kirkus Reviews (Starred Review)

"A beautiful, sensitive, intense exploration of the restless human heart..."
 – Natalie Goldberg, *Writing Down The Bones*

"... a chronicle of inner and outer adventures, grounded in deliciously detailed descriptions..."
 — Mirabai Starr, *God of Love and Caravan of No Despair*

"... weaving vivid descriptions, inner truths, suffering, and celebration into a tapestry of family revelations, love of the details of life, and worldwide adventure."
 — Jack Kornfield, *The Wise Heart and No Time Like the Present*

BOWING TO ELEPHANTS is a travel memoir... with a twist.

Her first book (in her 70s) and a #1 international bestseller, Dimond weaves the tale of an unloved rich girl from San Francisco who travels to far-flung parts of the world to escape a dysfunctional family and a narcissistic, alcoholic mother.

In the tradition of the greatest memoirists, this book offers an epic, global, and delicious adventure that has been **compared to Elizabeth Gilbert's EAT, PRAY, LOVE.**

Readers will be inspired by this journey of self-discovery, healing, and forgiveness... as they encounter strange lands, tantalizing foods, and mesmerizing characters (including a 14,000 lb. African elephant).

Dimond navigates depression, loneliness, and loss while learning how to break down the false barriers that separate people.

BOWING TO ELEPHANTS offers timely, relevant, newsworthy wisdom: from alcoholism, music, & Buddhism... to death, depression, & family... to food, forgiveness, & connection... to meditation, spirituality, & living a conscious life.

Mag is available for readings, signings, podcasts, conferences, panel discussions, writing retreats, community events, television, radio, and media appearances.

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Mag Dimond is the award-winning, #1 international best selling author of BOWING TO ELEPHANTS.

Honored in American Literary Review, Travelers Tales Solas Awards, the Tulip Tree Awards, and the William Faulkner Wisdom Awards, Mag is a writer, photographer, and Buddhist meditator who has traveled all over the world.

For more on Mag, visit MagDimond.com/news